# Fire Safety: Fire Heroes

Instructor's Guide: Grades 7-9



#### Preface

The First Nations Technical Services Advisory Group Inc., (TSAG), provides technical services and training for First Nations in Alberta in Asset Management, Circuit Rider Training, Water and Wastewater Management, Environmental Management, Housing Support Services, Fire Safety, Rural Addressing, Information Technology Services, and Virtual Healthcare. As a third-party service provider, we are funded by Indigenous Services Canada (ISC), and the First Nations and Inuit Health Branch of Canada (FNIHB) to deliver these services.

TSAG's values are:

Integrity: We value honesty, trust, and confidentiality in our

relationships and re committed to achieving excellence.

**Accountability:** We accept responsibility for our actions and decisions.

**Respect:** We will respect the rights of First Nations, our partners,

and our employees.

These values are the foundation on which TSAG is built. We continually strive to create programming and build capacity within our First Nations to support our people today and expand to future generations. We welcome your feedback, hope that you utilize this information as lesson plans and share the knowledge with those around you.

#### **Forward**

Fire has always been an important symbol in First Nations Culture. It brings warmth, prepares food and water for safe consumption, acts as a defense against predatory animals and has a spiritual meaning. It can bring new growth, but it can also bring destruction and devastation. An element as important as this requires the utmost respect and care.

The TSAG Fire Keepers initiative was created in 2022 to continue to bring awareness and education to youth about the importance of Fire Safety in and around their home and community.

As your students learn about <u>Fire and Fire Safety</u>, we hope that they will continue to develop respect for fire and recognize the significance of this element to their family, community, and culture. It is with that sentiment that TSAG is honored to share these lessons with you.

#### **Lesson Overview**

This lesson looks at the responsibilities of a fire fighter and the requirements for a career in firefighting. It presents a variety of a careers in firefighting and asks the students to assess personal suitability to a fire service career.

# **Lesson Length**

45 minutes

#### **Materials Needed**

- Computer and projector
- TSAG PowerPoint

## **Lesson Preparation**

- Contact your local fire department to learn more about what they do and how their firefighters are employed (part time, full time, volunteer, etc).
- Review the link "Community Fire Safety Education" embedded in the PowerPoint to gain background information on this resource.
- Preview the videos embedded in the PowerPoint slides to ensure your students will not be alarmed by them.

## How to Make This Class Successful

## **Before Class**

Come prepared with examples from your own background/experience.

# **During Class**

- Be prepared to share your thoughts on various topics.
- Keep the class on track and focused on the issues.

#### After Class

Write down your feedback on the lesson and submit it to TSAG.

# **Alberta Education Objectives:**

# This lesson aligns with Alberta Education's Health and Life Skills Program of Studies:

- **L-7.6** examine factors that may influence future life role/education/career plans, e.g., technology, role models
- **L-8.6** investigate, interpret, and evaluate career information and opportunities, using a variety of sources, e.g., Internet, informational interviews, mentors, media
- L-9.4 refine personal goals and priorities relevant to learning and career paths, e.g., investigate education programs including senior high school programs and those related to potential careers

https://www.learnalberta.ca/ProgramOfStudy.aspx?lang=en&ProgramId=3174 13#

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# **Lesson Objectives:**

Together, you and your students will:

- 1. List at least 5 responsibilities of a fire fighter.
- 2. Describe the requirements of a career in firefighting.
- 3. Name the types of fire careers.
- 4. Assess personal suitability to a fire service career.

Introduction and Review	Check as you complete each task
Ask the class:  Who remembers what we learned about last month in our Fire Safety class?  What is a false alarm? Who does it hurt?  What is arson? How does it hurt people?  What are some examples of peer pressure?  What is your responsibility with peer pressure?  Topics to Discuss with your Class:  You can do a lot to prevent fires in your home and community. But sometimes they still happen. When it does, we have to get out of our homes and call the fire department.  Today we are going to learn about types of firefighting careers.	
A Career in Fire Fighting	
<ul> <li>Ask the class:</li> <li>➤ How many of you have thought about what you want to do when you finish school?</li> <li>➤ Has anyone thought about being a firefighter?</li> <li>➤ Do you know how many different types of firefighters there are?</li> </ul>	
Class Activity:  1. Show the video embedded in the PowerPoint "Occupational Video: Firefighter".  2. Ask the students to describe all the tasks a firefighter does and write them down on the blackboard. (Investigate fires, fight fires, rescue people from fires and natural disasters, fight forest fires, inspect buildings	

- and fire hydrants, maintain firefighting equipment, driving, community outreach to teach people about fire prevention, provide emergency care) **Note: not all of these responsibilities are mentioned in the video**.
- 3. Discuss the requirements for firefighting that you discovered in your conversation with the local firefighter. Note: some these requirements are different for volunteer firefighting.
- 4. Show the video embedded in the PowerPoint slide "Meet the Firefighters..."
- 5. Discuss the slide Structural Firefighting.
- 6. Show the video embedded in the PowerPoint slide "Industrial Fire Brigade Live Fire Training."
- 7. Discuss the slide describing the duties of a fire chief.
- 8. Show the video embedded in the PowerPoint slide "Aboriginal firefighters Association of Canada."

#### Ask the class:

- Why would you want to be a firefighter?
- Why would you choose a career in firefighting?
- What do you think makes you most suited to this career?

# **Concluding Activity**

## **Topics to Discuss with your Class:**

 If you find yourself interested in a career in firefighting a great place to start is with the Junior Forest Rangers Association of Alberta

## **Class Activity:**

- 1. Show the video embedded in the PowerPoint "Junior Forest Rangers"
- 2. Show students where they can get more information on this association.-see PPT

# **Take home Activity**

1. Ask those students interested in pursuing a career in Firefighting to research the recommended sites for homework.

# **Bibliography**

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