

---

# Fire Safety: Fire Heroes

---

## Instructor's Guide: Grades 4-6

---

[www.tsag.net](http://www.tsag.net)



FIRST NATIONS  
TECHNICAL SERVICES  
ADVISORY GROUP INC

## Preface

The First Nations Technical Services Advisory Group Inc., (TSAG), provides technical services and training for First Nations in Alberta in Asset Management, Circuit Rider Training, Water and Wastewater Management, Environmental Management, Housing Support Services, Fire Safety, Rural Addressing, Information Technology Services, and Virtual Healthcare. As a third-party service provider, we are funded by Indigenous Services Canada (ISC), and the First Nations and Inuit Health Branch of Canada (FNIHB) to deliver these services.

TSAG's values are:

<b><i>Integrity:</i></b>	<i>We value honesty, trust, and confidentiality in our relationships and re committed to achieving excellence.</i>
<b><i>Accountability:</i></b>	<i>We accept responsibility for our actions and decisions.</i>
<b><i>Respect:</i></b>	<i>We will respect the rights of First Nations, our partners, and our employees.</i>

These values are the foundation on which TSAG is built. We continually strive to create programming and build capacity within our First Nations to support our people today and expand to future generations. We welcome your feedback, hope that you utilize this information as lesson plans and share the knowledge with those around you.

## Forward

Fire has always been an important symbol in First Nations Culture. It brings warmth, prepares food and water for safe consumption, acts as a defense against predatory animals and has a spiritual meaning. It can bring new growth, but it can also bring destruction and devastation. An element as important as this requires the utmost respect and care.

The TSAG Fire Keepers initiative was created in 2022 to continue to bring awareness and education to youth about the importance of Fire Safety in and around their home and community.

As your students learn about Fire and Fire Safety, we hope that they will continue to develop respect for fire and recognize the significance of this element to their family, community, and culture. It is with that sentiment that TSAG is honored to share these lessons with you.





## **Overview**

This lesson begins with the history of firefighting, with some attention on firefighting gear then and now. It then focuses on what firefighters do today and firefighting as a career.

## **Lesson Length**

30 minutes

## **Materials Needed**

- Computer and projector
- Student booklets
- TSAG PowerPoint

## **Lesson Preparation**

- Ensure you have enough copies of the student booklet.
- Contact your local fire department to learn more about what they do and how their firefighters are employed (part time, full time, volunteer, etc).
- Preview the videos embedded in the PowerPoint slides to ensure your students will not be alarmed by them.

## **How to Make This Class Successful**

### Before Class

- Come prepared with examples from your own background/experience.

### During Class

- Be prepared to share your thoughts on various topics.
- Keep the class on track and focused on the issues.

### After Class

- Write down your feedback on the lesson and submit it to TSAG.

## Alberta Education Objectives:

This lesson aligns with Alberta Education's Health and Life Skills Program of Studies:

- *L-4.5 relate personal interests to various occupations*
- *L-4.6 recognize that personal roles will change over time and circumstances*
- *L-5.5 relate personal skills to various occupations*
- *L-5.6 assess how roles, expectations and images of others may influence career/life role interests, e.g., influence of family, friends, role models, media*
- *L-6.5 relate knowledge, skills, and attitudes of a successful student to those of successful workers*

<https://www.learnalberta.ca/ProgramOfStudy.aspx?lang=en&ProgramId=317413#>

# Fire Safety : Fire Heroes


## Lesson Objectives:

Together, you and your students will:

1. Distinguish differences between firefighting now and the past.
2. List at least 5 responsibilities of a fire fighter.
3. Describe the requirements of a career in firefighting.

Introduction and Review	Check as you complete each task
<p><b>Topics to Discuss with your Class:</b></p> <ul style="list-style-type: none"> <li>• Today we are going to learn about firefighting careers and how they have changed over the years. First, let's see what you remember from last month.</li> </ul> <p><b>Ask the Class:</b></p> <ul style="list-style-type: none"> <li>➤ Who remembers what we learned about last month in our Fire Safety class?</li> <li>✓ <i>Preventing fires</i></li> <li>➤ What is a false alarm? Who does it hurt?</li> <li>➤ What is arson? How does it hurt people?</li> <li>➤ What are some examples of peer pressure?</li> <li>➤ What is your responsibility with peer pressure?</li> </ul> <p><b>Topics to Discuss with your Class:</b></p> <ul style="list-style-type: none"> <li>• You can do a lot to prevent fires in your home and community. But sometimes they still happen. When it does, we have to get out of our homes and call the emergency services.</li> </ul>	
Introduction	
<p><b>Topics to Discuss with your Class:</b></p> <ul style="list-style-type: none"> <li>• Firefighting has changed a lot over the years.</li> <li>• Let's take a look at what firefighting was like a hundred or more years ago.</li> </ul> <p><b>Class Activity:</b></p> <ol style="list-style-type: none"> <li>1. Show the video embedded in the Power Point entitled "Firefighting's Weird History and Fascinating Future" and discuss the video as per the questions in the Speaker Notes.</li> <li>2. Show the video "What firefighters Wear."</li> </ol>	

A Career in Fire Fighting	
<p><b>Ask the Class:</b></p> <ul style="list-style-type: none"> <li>➤ How many of you have thought about what you want to do when you grow up?</li> <li>➤ What would you like to be?</li> <li>➤ Has anyone thought about being an emergency fire responder or firefighter?</li> </ul> <p><b>Class Activity:</b></p> <ol style="list-style-type: none"> <li>1. Show the video embedded in the PowerPoint "Firefighters Career."</li> <li>2. Ask the students to describe all the tasks a firefighter does and write them down on the blackboards. <ul style="list-style-type: none"> <li>✓ <i>Investigate fires, fight fires, rescue people from fires and natural disasters, fight forest fires, inspect buildings and fire hydrants, maintain firefighting equipment, driving, community outreach to teach people about fire prevention, provide emergency care</i></li> </ul> <p><b>**Note: not all of these responsibilities are mentioned in the video.**</b></p> </li> <li>3. Show the video embedded in the PowerPoint slide "First Nations Fire Training"</li> </ol> <p><b>Ask the class:</b></p> <ul style="list-style-type: none"> <li>➤ What do you know about our local fire department?</li> </ul> <p><b>Class Activity:</b></p> <ol style="list-style-type: none"> <li>1. Share any information you discovered in your conversation with your local fire department.</li> <li>2. If the firefighters are volunteers, discuss why someone would volunteer to be a firefighter.</li> </ol>	
Concluding Activity	
<p><b>Class Activity:</b></p> <ol style="list-style-type: none"> <li>1. Ask the students what the most interesting job they think a firefighter has.</li> <li>2. Ask the students to complete the activity on page 8 of their booklet.</li> </ol>	
Take Home Activity	
<ol style="list-style-type: none"> <li>1. Ask the students to think about why someone would volunteer to be a firefighter in their community and ask their parents if they know any firefighters they could speak with.</li> </ol>	



## Bibliography

Prevention1st. (n.d.). *Before the Fire: Prevention Works! Fire Safety Lesson Plans for Grades PreK-8*. Retrieved August 24, 2022, from <https://prevention1st.org/wp-content/uploads/2016/07/Before-The-Fire-Prevention-Works-1.pdf>

Texas State Fire Marshal's Office. (2011c). *Fourth Grade – Fire Safety: Stop the Heat*. Texas Department of Insurance. <https://www.tdi.texas.gov/pubs/sfmo/fmcurrguide4.pdf>

Texas State Fire Marshal's Office. (2011a). *Fifth Grade – Charged Up For Fire Safety*. Texas Department of Insurance. <https://www.tdi.texas.gov/pubs/sfmo/fmcurrguide5.pdf>

Texas State Fire Marshal's Office. (2011f). *Sixth Grade – Fire Safety Power*. Texas Department of Insurance. <https://www.tdi.texas.gov/pubs/sfmo/fmcurrguide6.pdf>