
Fire Safety: Holiday Safety

Instructor's Guide: Grade 2-3

www.tsag.net



**FIRST NATIONS
TECHNICAL SERVICES
ADVISORY GROUP INC**

Preface

The First Nations Technical Services Advisory Group Inc., (TSAG), provides technical services and training for First Nations in Alberta in Asset Management, Circuit Rider Training, Water and Wastewater Management, Environmental Management, Housing Support Services, Fire Safety, Rural Addressing, Information Technology Services, and Virtual Healthcare. As a third-party service provider, we are funded by Indigenous Services Canada (ISC), and the First Nations and Inuit Health Branch of Canada (FNIHB) to deliver these services.

TSAG's values are:

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| <i>Integrity:</i> | <i>We value honesty, trust, and confidentiality in our relationships and re committed to achieving excellence.</i> |
| <i>Accountability:</i> | <i>We accept responsibility for our actions and decisions.</i> |
| <i>Respect:</i> | <i>We will respect the rights of First Nations, our partners, and our employees.</i> |

These values are the foundation on which TSAG is built. We continually strive to create programming and build capacity within our First Nations to support our people today and expand to future generations. We welcome your feedback, hope that you utilize this information as lesson plans and share the knowledge with those around you.

Forward

Fire has always been an important symbol in First Nations Culture It brings warmth, prepares food and water for safe consumption, acts as a defense against predatory animals and has a spiritual meaning. It can bring new growth, but it can also bring destruction and devastation. An element as important as this requires the utmost respect and care.

The TSAG Fire Keepers initiative was created in 2022 to continue to bring awareness and education to youth about the importance of Fire Safety in and around their home and community.

As your students learn about Fire and Fire Safety, we hope that they will continue to develop respect for fire and recognize the significance of this element to their family, community, and culture. It is with that sentiment that TSAG is honored to share these lessons with you





Lesson Overview

This lesson provides has two options for instruction.

Option 1: In this option, the children will make Bannock which requires the assistance of 3-4 parent volunteers, a kitchen and bannock ingredients. Children will learn about kitchen safety and how they can be helpful in the kitchen.

Lesson Length

60 mins

Materials Needed

- Recipe for Bannock
- Bannock ingredients
- TSAG PowerPoint
- Copies of the student booklets
- Copies of the Christmas Safety Checklist (attached to this lesson plan)

Lesson Preparation

- Review this lesson plan and PPT before the class.
- Contact 3 or more parent volunteers to assist with the Bannock making (recommended 1 parent for 4-6 children. Each pair of children can make their own Bannock.
- Keep the recipe as simple as possible and make a copy for each pair of children.
- Ask the parent volunteers to discuss kitchen safety and cleanliness as they coach their students.
- NOTE: this can be done in a classroom and have the volunteers cook the bannock somewhere else in the school or at home.
- Make enough copies of the Holiday Safety Checklist for each child.


Option 2


The children will play a game to develop safety tips for the Christmas season and complete an activity in their booklets. Additionally, they can make posters to present at a Christmas Assembly.

Lesson Length

30-45 minutes

Materials Needed

- TSAG PowerPoint
 - Blackboard
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- Copies of the student booklet
 - 11 X 17 paper
 - Copies of the Holiday Safety Checklist (attached to this lesson plan)

Lesson Preparation

- Review this lesson plan and PPT before the class.
- Make enough copies of the Holiday Safety Checklist for each child.
- Preview the videos embedded in the PowerPoint slides to ensure your students will not be alarmed by them.

How to Make This Class Successful


Before Class

- Come prepared with examples from your own background/experience.
- Set up laptop and projector and make sure they are working properly.

During Class

- Be prepared to share your thoughts on various topics.
- Keep the class on track and focused on the issues.

After Class

- Write down your feedback on the lesson and submit it to TSAG.
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Alberta Education Objectives:

This lesson aligns with Alberta Education's Program of Studies
Wellness Choices:

- *Group Roles and Processes*
 - **R-2.8** recognize and value strengths and talents that members bring to a group, e.g., identify skills each member can offer
 - **R-2.9** explain how groups can contribute to a safe and caring environment
 - **R-3.8** develop skills to work cooperatively in a group

<https://www.learnalberta.ca/ProgramOfStudy.aspx?lang=en&ProgramId=317413#>




Fire Safety: Holiday Safety

Option 1 Lesson Objectives:

Together, you and your students will:

1. Follow simple directions to make bannock.
2. Measure various ingredients.
3. Explain why only adults or older children should bake and cook.
4. Identify how far away from the stove they should stand.
5. List some things they can do to help in the kitchen.
6. List 3 cooking safety tips and 3 holiday safety tips.

Review and Introduction	Check as you complete each task
<p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• Today we are going to make Bannock but first let's spend a moment to see what you remember from last month. <p>Ask the class:</p> <ul style="list-style-type: none">➤ What are the three elements of the Fire Triangle?➤ What happens if you remove one of the elements?➤ What are examples of combustible, explosive and flammable materials?➤ Where should flammables be stored? ✓ <i>far away from heat</i>➤ Why is smoke dangerous? ✓ <i>it contains toxic material that can confuse us, keep us from finding our way out, make us sick</i> <p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• Christmas holidays will be here soon. It's good to take a break and have a rest. <p>Ask the class:</p> <ul style="list-style-type: none">➤ What are some of your favorite foods to eat?➤ Does anyone here like to help in the kitchen?➤ What can you do to help you mom or dad in the kitchen (read recipe cards, stir things, grate things, cover food, put food in storage containers, crack eggs,➤ Should children cook? Why or why not?➤ How far from the stove should you stand? ✓ <i>1 meter</i> <p>Class Activity:</p> <ol style="list-style-type: none">1. Ask the children to wash their hands thoroughly.	

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| <ol style="list-style-type: none">2. Ask each of the volunteers supervise a group of 4-6 children which they will guide as they create their Bannock. Remind volunteers to discuss kitchen safety and cleanliness as the children prepare the Bannock.3. Put the children in pairs and assign them to their volunteer parent.4. Once it is prepared the volunteers can bake or fry the Bannock and the children can return to the classroom.5. While the Bannock is cooking, discuss other holiday foods the children could help prepare.6. Watch the video embedded in the PowerPoint slide #14. <p>Ask the class:</p> <ul style="list-style-type: none">➤ What are some holiday safety tips you learned from the video? | |
| Final activity | |
| <p>Class Activity:</p> <ol style="list-style-type: none">1. As the children are eating their bannock ask them to complete the activity on page 5 of their booklets. | |
| Take Home Activity | |
| <ol style="list-style-type: none">1. Hand out the holiday safety list and ask the children to go through their house and check off each of the items. | |

Ask the class:


- What are some holiday safety tips you learned from the video?

Final activity

Class Activity:

1. As the children are eating their bannock ask them to complete the activity on page 5 of their booklets.

Take Home Activity

1. Hand out the holiday safety list and ask the children to go through their house and check off each of the items.
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Option 2:

Lesson Objectives

Students will:

1. List 5 fire safety rules that apply to the Christmas season.
2. Create and present a poster to their classmates or school during an assembly.

Review and Introduction	Check as you complete each task
<p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• Today we are going to make Bannock but first let's spend a moment to see what you remember from last month. <p>Ask the class:</p> <ul style="list-style-type: none">➤ What are the three elements of the Fire Triangle?➤ What happens if you remove one of the elements?➤ What are examples of combustible, explosive and flammable materials?➤ Where should flammables be stored? ✓ <i>far away from heat</i>➤ Why is smoke dangerous? ✓ <i>it contains toxic material that can confuse us, keep us from finding our way out, make us sick</i> <p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• Christmas holidays will be here soon. It's good to take a break and have a rest. <p>Ask the Class:</p> <ul style="list-style-type: none">➤ What are your favorite things about Christmas?➤ Are there fire safety tips that you can think that are important around Christmas?	
Holiday Safety	
<p>Class Activity:</p> <ol style="list-style-type: none">1. Show the PowerPoint slides # 2-13 and ask the children to create a fire safety tip to go with it.<ul style="list-style-type: none">❖ <i>These can be written on the board as children come up with tips. Collect them all and put them together as a Class Fire Safety Tip Book". Children can create illustrations for each tip, and it can go into the classroom library when bound.</i>❖ <i>**Note: there are several tips in the Speakers notes for some of the pictures to help if the children can't think of any.**</i>	

2. Watch the video “Holiday Fire Safety” embedded in the PowerPoint.	
Concluding Activity	
<p>Ask the Class:</p> <ul style="list-style-type: none"> ➤ What are some more holiday safety tips you learned from the video? <ul style="list-style-type: none"> ❖ These can be added to the tip list you created earlier. <p>Class Activity:</p> <ul style="list-style-type: none"> ➤ Ask the children to complete the activity on page 5 of their booklets. ➤ Ask the children to make a poster of what the most important tip was for them. (Ask them to read the tips you wrote on the board and select.) ➤ Let the children present their posters with their classmates or during a general assembly and share why their tip is so important. 	
Take Home Activity	
1. Hand out the holiday safety checklist and ask the children to go through their house with their parents and check off each of the items.	

Bibliography

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Prevention1st. (n.d.). *Before the Fire: Prevention Works! Fire Safety Lesson Plans for Grades PreK-8*. Retrieved August 24, 2022 from <https://prevention1st.org/wp-content/uploads/2016/07/Before-The-Fire-Prevention-Works-1.pdf>

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Texas State Fire Marshal's Office. (2011g). *Third Grade – Positively Fire Safe*. Texas Department of Insurance. <https://www.tdi.texas.gov/pubs/sfmo/fmcurrguide3.pdf>



Holiday Safety Checklist

- ☐ Always make sure candles are extinguished before bed or leaving the room or house.
 - ☐ Do not plug too many items into one extension cord.
 - ☐ Don't let children play near wood stoves, fireplaces, candles, space heaters or a stove/oven.
 - ☐ Extinguish candles when they burn down to within two inches of the holder or decorative material. Never let them burn all the way down.
 - ☐ If you have a real Christmas Tree- keep it watered and ensure it is a safe distance away from candles, fireplaces, stoves, or heaters.
 - ☐ Keep any flammable materials (furniture, clothing, decorations, curtains etc.) at least one meter from space heaters, wood stoves, stoves, and candles.
 - ☐ Keep candles, matches and lighters away from children and pets.
 - ☐ Keep pot handles out of reach of children.
 - ☐ Make sure both your carbon monoxide detector and smoke detectors are in working order.
 - ☐ Make sure the decorations you use are non- flammable.
 - ☐ Never put extension cords under rugs.
 - ☐ Never use more than three sets of lights in one extension cord.
 - ☐ Turn off all Christmas lights when you go to bed or leave the house.
 - ☐ When you are cooking, stay in the kitchen and watch the food.
 - ☐ When you are setting up your tree, check each set of lights for cracked or broken bulbs and sockets, bare or frayed wires, and loose connections. Always throw out damaged sets of lights.
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