
Fire Safety: Holiday Safety

Instructor's Guide: Grades 7-9

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**FIRST NATIONS
TECHNICAL SERVICES
ADVISORY GROUP INC**

Preface

The First Nations Technical Services Advisory Group Inc., (TSAG), provides technical services and training for First Nations in Alberta in Asset Management, Circuit Rider Training, Water and Wastewater Management, Environmental Management, Housing Support Services, Fire Safety, Rural Addressing, Information Technology Services, and Virtual Healthcare. As a third-party service provider, we are funded by Indigenous Services Canada (ISC), and the First Nations and Inuit Health Branch of Canada (FNIHB) to deliver these services.

TSAG's values are:

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| <i>Integrity:</i> | <i>We value honesty, trust, and confidentiality in our relationships and re committed to achieving excellence.</i> |
| <i>Accountability:</i> | <i>We accept responsibility for our actions and decisions.</i> |
| <i>Respect:</i> | <i>We will respect the rights of First Nations, our partners, and our employees.</i> |

These values are the foundation on which TSAG is built. We continually strive to create programming and build capacity within our First Nations to support our people today and expand to future generations. We welcome your feedback, hope that you utilize this information as lesson plans and share the knowledge with those around you.

Forward

Fire has always been an important symbol in First Nations Culture It brings warmth, prepares food and water for safe consumption, acts as a defense against predatory animals and has a spiritual meaning. It can bring new growth, but it can also bring destruction and devastation. An element as important as this requires the utmost respect and care.

The TSAG Fire Keepers initiative was created in 2022 to continue to bring awareness and education to youth about the importance of Fire Safety in and around their home and community.

As your students learn about Fire and Fire Safety, we hope that they will continue to develop respect for fire and recognize the significance of this element to their family, community, and culture. It is with that sentiment that TSAG is honored to share these lessons with you





Lesson Overview

Students will learn about kitchen safety and babysitting safety.

Lesson Length:

30 minutes

Materials Needed

- TSAG PowerPoint
- Blackboard

Workshop Preparation

- Review this lesson plan and PPT before the class.
- Preview the videos embedded in the Power Point slides to ensure your students will not be alarmed by them.
- Make enough copies of the Holiday Safety Checklist (at the end of the lesson plan) for each student.

How to Make This Class Successful


Before Class

- Come prepared with examples from your own background/experience.
- Set up laptop and projector and make sure they are working properly.

During Class

- Be prepared to share your thoughts on various topics.
- Keep the class on track and focused on the issues.

After Class

- Write down your feedback on the lesson and submit it to TSAG.
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Alberta Education Objectives:

This lesson aligns with Alberta Education's Program of Studies
Wellness Choices:

- **W-7.9** identify basic workplace safety procedures
- **W-8.8** identify potentially unsafe situations in the community, and begin to develop strategies to reduce risk; e.g., dark parking lots, lack of railway crossing lights
- **W-9.9** analyze and evaluate laws and policies that promote personal, community and workplace safety; e.g., driving, boating, employment standards

<https://www.learnalberta.ca/ProgramOfStudy.aspx?lang=en&ProgramId=317413#>

Fire Safety: Holiday Safety

Workshop Objectives:

Together, you and your students will:

1. Identify kitchen hazards.
2. List items 3 microwave safety tips.
3. Discuss why microwave cooking times are important to know.
4. List 5 babysitting safety tips.

Introduction and Review	Check as you complete each task
<p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">➤ Today we are going to be discussing Kitchen and Fire Safety when you are babysitting your siblings or others, but before we start let's review what you learned last month. <p>Ask the class:</p> <ul style="list-style-type: none">➤ Explain the fire triangle- what it is and how do you ensure one isn't created? ✓ <i>keep heat, air, and fuel away from each other</i>➤ What is an example of doing keeping heat, air, and fuel away from one another?➤ Where should flammables be stored?➤ What are the classes of fire?➤ How do you use a fire extinguisher? What is the acronym?	
Kitchen Safety	
<p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• Did you know that more fires start in the kitchen than anywhere else in a home.• These fires are often caused when something spills on the stove or grease fires. They can also start when flammable items are placed too close to the stove. <p>Class Activity:</p> <ol style="list-style-type: none">1. Show the video embedded in the PowerPoint Slide "Fire Safety in the Kitchen" and ask the questions in the Speaker's notes. <p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none">• When cooking it is best to:	

<ul style="list-style-type: none"> ○ Keep anything flammable away from the stove and oven ○ Do not wear loose fitting clothing when you cook ○ Keep you stove clean. ○ When you cook with grease or spill grease always clean it up immediately ○ Never leave the kitchen when you are cooking. ○ Don't cook food on too high of a heat. It can cause food to burn or catch fire- especially when you are cooking with grease <p>Class Activity:</p> <ol style="list-style-type: none"> 1. Show the video embedded in the PowerPoint Slide "Microwave Safety" and discuss as per the speakers notes. 	
Fire Safety	
<p>Ask the class:</p> <ul style="list-style-type: none"> ➤ We have just discussed kitchen safety, how do you think this applies when you are babysitting? ➤ What are some other fire safety rules that you should be aware of when babysitting children? <p>✓ <i>make sure they aren't playing with matches or lighters, not playing too close to a fireplace or space heater or stove</i></p> <p>Class Activity:</p> <ol style="list-style-type: none"> 1. Show the video embedded in the PowerPoint Slide "60 seconds of Fire Safety-Babysitting" and discuss questions in the speakers notes. <p>Ask the class:</p> <ul style="list-style-type: none"> ➤ What are some things you shouldn't do when you are babysitting? <p>✓ <i>be on your cell phone, read a book while the children are awake, have friends over</i></p>	
Fire Response	
<p>Ask the class:</p> <ul style="list-style-type: none"> ➤ Why do you think you should be aware of where the children are at all times? <p>Class Activity:</p> <ol style="list-style-type: none"> 1. Show the PowerPoint slide with instructions on what to do if there is a fire and discuss any questions that come up. 2. Ask the students if they have any questions. 	

Holiday Safety	
<p>Topics to Discuss with your Class:</p> <ul style="list-style-type: none"> Christmas holidays can be a great time of rest from school and work, but they are also a time when many safety hazards abound. <p>Ask the Class:</p> <ul style="list-style-type: none"> ➤ Can you think of any fire safety hazards that are unique to Christmas? ➤ Should you ever burn Christmas wrapping paper? Why not? <ul style="list-style-type: none"> ✓ <i>It contains toxic chemicals, and the embers are light enough to float through the air and start other fires.</i> <p>Class Activity:</p> <ol style="list-style-type: none"> Show the video embedded in the PowerPoint and discuss as per speakers notes. 	
Concluding Activity	
<p>Ask the class:</p> <ul style="list-style-type: none"> ➤ What are some kitchen fire safety tips you could give your parents? ➤ What was one babysitting tip that was new to you? ➤ What was the most interesting thing you learned today? <p>Class Activity:</p> <ol style="list-style-type: none"> Provide each student with a Holiday Safety Checklist. 	
Take Home Activity	
<ol style="list-style-type: none"> Students must create their own babysitting safety checklist. Hand out the holiday safety checklist and ask the students to go through their house and check off each of the items. 	

Bibliography

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Holiday Safety Checklist

- ☐ Always make sure candles are extinguished before bed or leaving the room or house.
 - ☐ Do not plug too many items into one extension cord.
 - ☐ Don't let children play near wood stoves, fireplaces, candles, space heaters or a stove/oven.
 - ☐ Extinguish candles when they burn down to within two inches of the holder or decorative material. Never let them burn all the way down.
 - ☐ If you have a real Christmas Tree- keep it watered and ensure it is a safe distance away from candles, fireplaces, stoves, or heaters.
 - ☐ Keep any flammable materials (furniture, clothing, decorations, curtains etc.) at least one meter from space heaters, wood stoves, stoves, and candles.
 - ☐ Keep candles, matches and lighters away from children and pets.
 - ☐ Keep pot handles out of reach of children.
 - ☐ Make sure both your carbon monoxide detector and smoke detectors are in working order.
 - ☐ Make sure the decorations you use are non- flammable.
 - ☐ Never put extension cords under rugs.
 - ☐ Never use more than three sets of lights in one extension cord.
 - ☐ Turn off all Christmas lights when you go to bed or leave the house.
 - ☐ When you are cooking, stay in the kitchen and watch the food.
 - ☐ When you are setting up your tree, check each set of lights for cracked or broken bulbs and sockets, bare or frayed wires, and loose connections. Always throw out damaged sets of lights.
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