

# Water Walk + Riverbank Restoration



## Introduction (*For Facilitators*):

This activity combines ceremonial respect for water with tangible environmental action. Led by a Knowledge Keeper, community members will participate in a water walk to do shoreline restoration (litter removal and planting).

## Materials Checklist:

- Gloves
- Garbage bags
- Tongs or pickers
- Native shoreline plants or seeds (e.g., sedges, willow cuttings)
- Watering cans or buckets (for planted areas)
- Clean water for watering plants

## Steps:

1. Meet at the shoreline: Open with teachings about water and its sacred role in our lives.
2. Begin the Water Walk: Walk along the shore together.
3. Clean & Restore: Encourage the community members to pick up litter along the shoreline carefully and help plant the native shoreline plants if available.
4. Circle Time: End with a sharing circle. Ask community members to reflect on their relationship with water and what they've learned.

## Works Cited

Mahikan Trails. Mahikan Trails – Indigenous Experiences. Indigenous Tourism Alberta, 8 June 2018, <https://mahikan.ca>.

Regional Municipality of Wood Buffalo. NIHM 2022 | Elder Cecile Calliou | Tobacco Protocol Teaching. YouTube, 7 June 2022, <https://www.youtube.com/watch?v=sYbvl3raneA>.

Oil Sands Monitoring Program. "Community-Based Fish Monitoring Project." Alberta.ca, Government of Alberta, 28 May 2019, [open.alberta.ca/dataset/2f62ea92-8f9d-434f-95fc-2def0a6b1384/resource/48cd9f86-bdd3-4584-b4f4-9c7f031a6f92/download/fctfishmonitoring20190528.pdf](https://open.alberta.ca/dataset/2f62ea92-8f9d-434f-95fc-2def0a6b1384/resource/48cd9f86-bdd3-4584-b4f4-9c7f031a6f92/download/fctfishmonitoring20190528.pdf).